

Could your life use a time of refreshing?

Perhaps a time of renewal?

Would you like to strengthen your relationships with God and others?

STRENGTH FOR THE JOURNEY

A retreat for facing life together with God and one another



St. Francis Center for Renewal Bethlehem, Pennsylvania November 1 - 3, 2019

If you answered “yes,” we invite you to join other women to find strength for your journey during a weekend of renewal, refreshment and rejuvenation.

You’ll find an atmosphere for being sensitive to the presence of God and for prayerful solitude as well as for worship, making new friends, and sharing from the heart.

We gather at a lovely, peaceful retreat center with comfortable meeting, dining and rooming facilities.

Purpose

The retreat is created to help each person find strength and support for her particular life journey. It is our hope that each person will become increasingly connected with our deeply loving God as well as with a community of other caring believers.

What to Expect

We will experience times of worship, small group sharing, contemplative prayer, and encouraging testimonies. People of all faith traditions—or non traditions—are welcome, however our purpose is to grow in Christian faith even in the midst of adversity.

Opportunities at the Retreat

- Experiencing God's love and presence
- Learning new spiritual disciplines and practices
- Meeting other women facing similar life concerns
- Sharing life stories
- Quiet time in a picturesque setting
- Beautiful music, laughter, joys
- Spiritual, emotional, and relational growth
- Teaching, praise, worship

The retreat is facilitated by Christian women who are experienced in teaching, counseling, leading retreats and small groups. They will share poignant as well as humorous stories from their own journeys as a way to encourage participants to connect with one another and with God.



Jane Galley, Retreat Facilitator
Mike Galley, Music Ministry
Nancy S. Kompass, Small Group Leader
Barbara Miller, Small Group Leader
Roslyn Moatz, Hospitality Coordinator
Bonnie Moatz, Registrar

About SFJ Retreats

Strength For the Journey retreats began in 2003 in Houston, Texas. Since then SFJ has grown to include annual retreats in multiple locations in the U.S. and occasional retreats held internationally. Visit www.strengthforthejourneyretreats.org

For more about the St. Francis Center for Renewal: www.catholic-church.org/stfrancis-cfn

Strength For the Journey Registration for November 1 – 3, 2019

Please reply by email, mail, or phone with name, address, phone number, email, and room choice, single (\$205) or double (\$190). Include name of roommate, if applicable.

Early Bird Discount
Register and pay in full by
September 10th and save \$10!

To secure a space, make checks payable to Bonnie Moatz and send them to:

Bonnie Moatz
343 Congo Niantic Road
Barto, PA 19504
484-507-4693
bonmoatz@gmail.com

Registration deadline is October 15, 2019

Scholarship assistance is available if needed.

Registration takes place on Friday evening from 6:00 to 7:00 p.m. The program begins at 7:00, and the retreat ends after lunch on Sunday.

