

Strength for the Journey Retreat

27-29 JUNE

Facing Life Challenges with God and One Another



The retreat takes place at Malshanger House, a classic English Country Estate in Basingstoke (1hr from central London)

It begins on Friday evening and ends at Sunday lunchtime.



Who is invited?

If you or someone you care for has faced cancer or some other difficult disease, loss or stressor, we invite you to this special weekend. The retreat is open to women of all ages and stages of life, functioning in all sorts of roles as patients and caregivers, young and old, career women and homemakers. Even if you haven't suffered a large life challenge, but want to connect more deeply with God in whatever life holds, we welcome you.

What to Expect

The retreat will include large group presentations on various topics as well as contemplative exercises, times of singing and small group sharing. Optional Saturday workshops will be offered on topics such as writing, beading and walking. While people of all faith traditions or non traditions are welcome, this retreat will focus on how participants can grow in their Christian faith even in the midst of suffering.

Purpose

The retreat is created to help each person find strength and support for her particular life journey. It is our hope that each person will become increasingly connected with our deeply loving God as well as with a community of other caring believers.

www.strengthforthejourneyretreats.com

STRENGTH FOR THE JOURNEY



Are you or someone you care for facing a difficult time in life with illness, loss or life challenge, small or large?

If so, you may want to join other women in “coming away” for a Weekend of renewal and sharing of life stories and Faith together.

Anne Fletcher Grizzle

A Psychotherapist, retreat leader and spiritual director. She has authored three books including, *Reminders of God*. She enjoys hikes in the woods and writing poetry, which you can sample at www.AnneGrizzle.com



REGISTRATION

You may register by contacting Stormme at stormme@gmail.com or 07843843107

COST: 60 Pounds
(Subsidized hardship fund available)

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