



*Come, let us go up to the mountain of the Lord.
Micah 4:2*

The voice of the lord echoes above the sea.

Psalms 29:3

Come away and rest awhile, be restored by the love of Christ and experience the peace that only God can give.

Enjoy sacred times of connection, personal reflection, prayer, creative thinking and relaxation - all in the magnificent beauty of nature and of the majestic mountains overlooking the mighty sea.

* \$ 280 Single Room

* \$ 220 Double Room
(If you have a roommate)

REGISTER ONLINE

with Paypal or Visa

www.flourishretreats.com



SUMMERTIME RETREAT DETAILS

Registration begins at 4:00 pm on Friday.

Dinner begins at 5:30 pm

The evening program will begin at 7:00 pm

The retreat will conclude after lunch on Sunday.

All meals, bedding and linens and retreat resources are included.

You may want to bring your Bible, journal, art supplies, prayer shawl, camera and any other supplies to have with you during your quiet time, outdoor walks or beach time

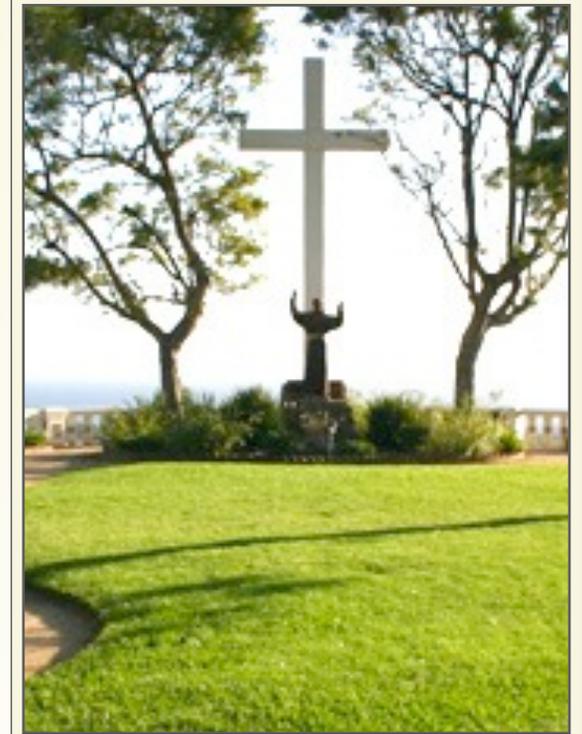
We look forward to being together !

DR. CATHERINE HART WEBER
www.drcatherine@howtoflourish.com

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WWW.FLOURISHRETREATS.COM

FLOURISH

RETREATS



🌿 **JULY 11 - 13, 2014** 🌿

SUMMERTIME FLOURISH RETREATS

WITH

STRENGTH FOR THE JOURNEY

SERRA RETREAT CENTER

3401 SERRA ROAD

MALIBU, CA 90265



Strength For The Journey



RETREAT LEADERS

DR. CATHERINE HART WEBER is a Christian therapist, author, spiritual director and speaker on integrating faith and psychology. She has published several books. Her most recent is *Flourish: Discover Vibrant Living*.

DR. SYLVIA FREJD is a counselor, life and spiritual coach and worship leader. Her most recent book is *The Digital Invasion*. She is founding director of *The Digital Wellness Center*

DR. LAURA ROBINSON HARBERT is a Christian psychologist in private practice, as well as a Presbyterian minister. Laura enjoys teaching on integrating faith and spiritual growth and leading retreats.

KATHY SCOTT-LEWIS is a Christian therapist, speaker, and retreat leader. She also enjoys leading others in integrative therapeutic body movement and appreciating God within the beauty of nature.

LINDA ALLEMAN is a Spiritual Director in training, teacher, artist and mentor of young women. She enjoys creating beauty in nature, with food, in the home and in the life of others.

DEBBIE LINAMEN is a Spiritual Director, leader of women in both business and spiritual spheres of life. She enjoys mentoring and coaching women in spiritual growth as well as home decorating and organizing.

TISHA SHOEMAKE LAZARE is serves with the CARE program, offering resources and counseling for the personal life of the leader in the Foursquare Denomination. She is a life coach, and enjoys mentoring women and leading retreats.



OPPORTUNITIES AT THE RETREAT

- * Quiet time in the beauty of nature
- * Revitalizing, therapeutic body movement
- * Experiencing God's love and presence
- * Teaching. Praise. Worship
- * Enjoying Spiritual Practices
- * Summertime Fun. Laughter. Joy
- * Sharing life stories
- * Meaningful small group interaction



**YOU ARE INVITED TO COME AWAY
(WITH A FRIEND OR A FEW)
FOR A SUMMERTIME BEACH RETREAT
AS WE GATHER TOGETHER
WITH GOD AND ONE ANOTHER**

This retreat is designed for all women of all ages and walks of life, providing powerful, life-giving experiential opportunities for you as a whole person.

Receive hope, strength, rest, support, and encouragement for your particular life journey.

It is our hope that each woman will deepen her connection with our loving God as well as with the broader "sacred - soul - sisterhood".

Refreshing. Reflection. Renewal. Rest

